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Sadia Murray, current USB MBA student

Sadia uses her passion for health care to uplift communities.

What will your leadership journey be?

Journey of discovery for USB current HCL student

Sadia Murray, a medical doctor who works in general paediatrics at Tygerberg Hospital and who offers a weekly outreach clinic in Delft (a low-income community in Cape Town), has chosen the MBA stream in Health Care Leadership for various reasons:

‘An MBA offers a completely different skills set for me. I wanted to stretch myself and attain skills that could benefit me in my future endeavours. Also, working in the public health care system, there is so much that I feel I want to do. I hope that the MBA will give me the skills that I need to affect positive change in the public health sector. My vision is greater than my current capability. A combination of the MBA and health care leadership is perfect for me because it is aligned with what I want to achieve.

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I have an exceptional support system, for which I am very grateful. My husband, parents, sisters, in-laws, friends and colleagues are on this journey with me. My mother is my inspiration for balancing work, family and study life. She did that for most of my life and she is still studying and pursuing new skills, so I have seen balance in action.

I am in the process of setting up a values process with the staff in the ward where I work. My mother has an organisational background, so she is going to assist me.

Balance is being present in the moment and giving the best I can with the best I have, accepting imperfection and being kind to myself when things are amiss. I generally am someone who has good routine, structure and good time management skills, all of which have come in handy thus far.

I love clinical medicine. It is my passion and second nature to me. My plan is to merge my skills as a clinician and my newly acquired health care leadership skills to affect positive change at Tygerberg Hospital. Who knows what will happen thereafter?’

