

For coaching to grow as a profession, scientific research is essential. Research allows coach practitioners to base their interventions on empirically peer-reviewed findings and not mere intuition. At USB we are serious about contributing to the professionalisation of coaching by conducting internationally relevant research on the nature and efficacy of coaching. Here is a list of coaching research published by our faculty and students in peer-reviewed academic journals.

**2009** Rostron, S. S. (2009). The global initiatives in the coaching field. *Coaching: An International Journal of Theory, Research and Practice*, 2(1), 76-85.  
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**2011** Stout-Rostron, S. (2011). How is Coaching Impacting Systemic and Cultural Change Within Organizations?. *International Journal for Coaching in Organizations (IJCO)*.  
<https://pdfs.semanticscholar.org/16b4/ce9f43186a2164f434009f98b298402dd0f1.pdf>

**2013** Stern, L., & Stout-Rostron, S. (2013). What progress has been made in coaching research in relation to 16 ICRF focus areas from 2008 to 2012?. *Coaching: An International Journal of Theory, Research and Practice*, 6(1), 72-96.  
[https://www.tandfonline.com/doi/pdf/10.1080/17521882.2012.757013?casa\\_token=zb3l1oPhdmgAAAAA:yUHH-GEQCKL23EKMySjW3\\_VuSDj4drYIQMgYSSJYetBKFv1tgI8wdrvN1SJaU4aO-YA8QqXbEzXItaE8](https://www.tandfonline.com/doi/pdf/10.1080/17521882.2012.757013?casa_token=zb3l1oPhdmgAAAAA:yUHH-GEQCKL23EKMySjW3_VuSDj4drYIQMgYSSJYetBKFv1tgI8wdrvN1SJaU4aO-YA8QqXbEzXItaE8)

**2014** Terblanche, N. (2014). Knowledge sharing in the organizational context: Using social network analysis as a coaching tool. *International Journal of Evidence Based Coaching and Mentoring*, 12(2), 146  
<https://radar.brookes.ac.uk/radar/items/9ad4e8bd-e69d-4616-889b-cd376a02c218/1/>

**2016** Albertyn, R. M., van Coller-Peter, S., & Morrison, J. (2016). Aligning student and supervisor's perspectives of research challenges. *Postgraduate supervision: Future foci for the knowledge society*, ed. M. Fourie-Malherbe, RM Albertyn, C. Aitchison and EM Bitzer, 171-187.

Bennett, K., Verwey, A., & van der Merwe, L. (2016). Exploring the notion of a'capability for uncertainty'and the implications for leader development. *SA Journal of Industrial Psychology*, 42(1), 1-13.  
<https://sajip.co.za/index.php/sajip/article/view/1328/2003>

**2017** Hughes, T., & Albertyn, R. M. (2017). Coaching for change in organisational teams: reciprocal research and practice benefits. *Journal for New Generation Sciences*, 15(1), 295-311.  
[https://journals.co.za/docserver/fulltext/newgen\\_v15\\_n1\\_a20.pdf?expires=1564053974&id=id&accname=guest&checksum=800286DA07707AD43A27FAE8F5AB2CDF](https://journals.co.za/docserver/fulltext/newgen_v15_n1_a20.pdf?expires=1564053974&id=id&accname=guest&checksum=800286DA07707AD43A27FAE8F5AB2CDF)

Terblanche, N. N. H., Albertyn, R. M., & van Coller-Peter, S. (2017). Designing a coaching intervention to support leaders promoted into senior positions. *SA Journal of Human Resource Management*, 15(1), 1-10.  
<https://sajhrm.co.za/index.php/sajhrm/article/view/842/1215>

**2018** Van Coller-Peter, S. & Aiken, D.E. (2018). Developing Leaders at Business Schools with Coaching Skills Aligned with the Goals of Responsible Management Education. *Philosophy of Coaching: An International Journal*, 3(1), 38-50.  
<https://philosophyofcoaching.org/v3i1/00.pdf#page=39>

Albertyn, R., van Coller-Peter, S., & Morrison, J. (2018). A multi-level researcher development framework to address contrasting views of student research challenges. *South African Journal of Higher Education*, 32(1), 13-30.  
[https://journals.co.za/docserver/fulltext/high\\_v32\\_n1\\_a2.pdf?expires=1564054280&id=id&accname=guest&checksum=40FFBE76C1EF9F9C705171AE88E5838D](https://journals.co.za/docserver/fulltext/high_v32_n1_a2.pdf?expires=1564054280&id=id&accname=guest&checksum=40FFBE76C1EF9F9C705171AE88E5838D)

Klopper, S., & van Coller-Peter, S. (2018). Business coaching processes that facilitate the successful implementation of business improvement projects. *International Journal of Evidence Based Coaching and Mentoring*, 16(2), 20.  
<https://radar.brookes.ac.uk/radar/file/2a33d676-103f-4b08-9207-ee0d666facf0/1/fulltext.pdf>

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Terblanche, N. H., Albertyn, R. M., & Van Coller-Peter, S. (2018). Developing leaders by supporting their transitions into senior positions. *South African Journal of Business Management*, 49(1), 1-9.  
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Terblanche, N., Albertyn, R., & Coller-Peter, V. (2018). Using transformative transition coaching to support leaders during career transitions. *African Journal of Business Ethics*, 12(1)  
<http://ajobe.journals.ac.za/pub/article/view/166>

Van der Horst, C. A., & Albertyn, R. M. (2018). The importance of metacognition and the experiential learning process within a cultural intelligence-based approach to cross-cultural coaching. *SA Journal of Human Resource Management*, 16(1), 1-11.  
<https://sajhrm.co.za/index.php/sajhrm/article/view/951/1466>

**2019** Fölscher Kingwill, B. & Terblanche, N.H.D. (2019). The role of coaching and coach language in clients' language and individual change. *International Journal of Evidence Based Coaching and Mentoring*, 17(2).  
<https://radar.brookes.ac.uk/radar/items/17216e39-1c0e-4630-afcd-618556323a9d/1/>

Spence, G. B., Stout-Rostron, S., Van Reenen, M., & Glashoff, B. (2019). Exploring the delayed effects of leadership coaching: a pilot study. *Coaching: An International Journal of Theory, Research and Practice*, 1-22.  
<https://www.tandfonline.com/doi/full/10.1080/17521882.2019.1574308>

Spencer, E. D., & Albertyn, R. (2019). Existential leadership coaching in a medical partnership. *Leadership in Health Services*, 32(1), 69-82.  
[https://www.researchgate.net/profile/Ruth\\_Albertyn/publication/323848117\\_Existential\\_leadership\\_coaching\\_in\\_a\\_medical\\_partnership/links/5aaf967caca2721710fc972b/Existential-leadership-coaching-in-a-medical-partnership.pdf](https://www.researchgate.net/profile/Ruth_Albertyn/publication/323848117_Existential_leadership_coaching_in_a_medical_partnership/links/5aaf967caca2721710fc972b/Existential-leadership-coaching-in-a-medical-partnership.pdf)

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**2020** Albertyn, R., & Bennett, K. (2020). Containing and harnessing uncertainty during postgraduate research supervision. *Higher Education Research & Development*, 1-15.

Jansen, G.M. & Terblanche, N.H.D. (2020). The role of coaching and postgraduate studies in the resilience of women in triple roles. *Coaching: An International Journal of Theory Research and Practice*, 1-14.

SOLHEIM T, ALBERTYN RM. (2020). Architects of recovery from alcohol misuse: Narrative exploration of coaching employed professionals. *International Journal of Evidence Based Coaching and Mentoring*; 18(2):101-114.

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TERBLANCHE N. (2020) A design framework to create Artificial Intelligence coaches. *International Journal of Evidence Based Coaching and Mentoring*; 18(2):152-165.

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Wuiffers, T., & Carmichael, T. (2020). Operationalizing an Internal Compass Toward True North in the Development of Authentic Leadership: A Coaching Approach. *Journal of Leadership Studies*, 14(3), 6-23.